

Approved list of Personal apparel and equipment for use at IPF sanctioned competitions

Valid from: 1st January 2019 until 31st December 2022

Updated: 22.11.2018

Approved Personal supportive equipment:

Only costumes, support shirts, wraps, belts, knee sleeves and singlets from commercial manufacturers officially registered and approved by the IPF Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to Worlds.

All equipment marked with an Asterix (*) is provisionally approved. This equipment is under production and not on the market yet. After a final inspection/approval by the IPF, the Asterix will be removed and the manufacturer is allowed to bring it officially on the market.

SBD

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| SBD Singlets Equipped & Classic | SBD Wrist Wraps Equipped & Classic | SBD Knee Wraps Equipped |
| SBD lifting Singlet 2019 Equipped & Classic | SBD Flexible Wrist Wraps 2019 Equipped & Classic | SBD Knee Sleeves Equipped & Classic |
| SBD Powerlifting Singlet Men's 2019 Equipped & Classic | SBD Stiff Wrist Wraps 2019 Equipped & Classic | SBD Dynamic Knee Sleeves 2019 Equipped & Classic |
| SBD Powerlifting Singlet Women's 2019 Equipped & Classic | SBD Knee Wraps Competition 2019 Equipped | SBD Knee Sleeves 2019 Equipped & Classic |
| SBD Belts Equipped & Classic | SBD Knee Wraps Training 2019 Equipped | |

ELEIKO

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| ELEIKO Wrist Wraps Equipped & Classic | ELEIKO Singlet Equipped & Classic | ELEIKO Knee Sleeves 5mm Equipped & Classic |
| ELEIKO Powerlifting Belt Equipped & Classic | ELEIKO Knee Wraps Equipped | ELEIKO Knee Sleeves 7mm Equipped & Classic |

Rogue

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| Ohio 3" Lifting Belt Equipped & Classic | Rogue 13mm Lever Belt Equipped & Classic | Rogue 13mm Power lifting Belt Equipped & Classic |
| Rogue 7MM Knee Sleeves Equipped & Classic | | |

A7

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| A7 CONE Knee Sleeves – Black Equipped & Classic | A7 55 Medium Wrist Wraps – 55mm Equipped & Classic | A7 Lever Belt – 10mm Equipped & Classic |
| A7 CONE Knee Sleeves – Americana Equipped & Classic | A7 77 Medium Wrist Wraps – 77mm Equipped & Classic | A7 Lever Belt – 13mm Equipped & Classic |
| A7 Singlet – Black Equipped & Classic | A7 99 Medium Wrist Wraps – 99mm Equipped & Classic | A7 Pioneer Cut Prong Belt – 10mm Equipped & Classic |
| A7 55 Flex Wrist Wraps – 55cm Equipped & Classic | A7 55 Stiff Wrist Wraps – 55mm Equipped & Classic | A7 Pioneer Cut Prong Belt – 13mm Equipped & Classic |
| A7 77 Flex Wrist Wraps – 77mm Equipped & Classic | A7 77 Stiff Wrist Wraps – 77mm Equipped & Classic | |
| A7 99 Flex Wrist Wraps – 99cm Equipped & Classic | A7 99 Stiff Wrist Wraps – 99mm Equipped & Classic | |

Unbroken Designs

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| Rhino Power Belt 10mm – Single Prong leather Belt Equipped & Classic | Block Party Knee Sleeves Equipped & Classic | Tropical Explosion Knee Sleeves Equipped & Classic |
| Stars & Stripes Singlet Equipped & Classic | Lioness Squared Knee Sleeves Equipped & Classic | Ahoy Knee Sleeves Equipped & Classic |
| Leopard and Lace Singlet Equipped & Classic | Purple Ombre Knee Sleeves Equipped & Classic | Paradise City Knee Sleeves Equipped & Classic |
| Dia de los Muertos Knee Sleeves Equipped & Classic | Sea Lilies Knee Sleeves Equipped & Classic | 2018 Apalooza Tie Dye Knee Sleeves Equipped & Classic |
| Stars and Stripes Knee Sleeves Equipped & Classic | Paradise Pink Knee Sleeves Equipped & Classic | 2018 Apalooza Flag Knee Sleeves Equipped & Classic |
| Night Swim Knee Sleeves Equipped & Classic | White Snake Knee Sleeves Equipped & Classic | Lioness Knee Sleeves Equipped & Classic |
| Swirls for Girls Knee Sleeves Equipped & Classic | Silver Tron Knee Sleeves Equipped & Classic | |

Lift.Net (Stoic)

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| Stoic Wrist Wraps Equipped & Classic | Stoic Knee Sleeves Equipped & Classic | Stoic Lever Belt Equipped & Classic |
| Stoic Singlet Equipped & Classic | Stoic Single Prong Belt Equipped & Classic | |

Rehband

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| 2 Panel Design – Rehband Blue Line Knee Sleeves 7mm #7084 Equipped & Classic | V-Shape Design – Rehband Original Knee Sleeves 7mm #7051 Equipped & Classic | 4-Panel Design – Rehband Knee Sleeves RX 7mm – All Sleeves starting #1054 – same design, different colours Equipped & Classic |
| *2-Panel Design with reinforced seams – Rehband RX Knee Sleeves MAX 7mm – All Sleeves starting #1055 – same design, different colours Equipped & Classic | | |

Titan Support Systems

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| Titan Singlets – various colour combinations allowed Equipped & Classic | Signature Gold Wrist Wraps Equipped & Classic | Titan Spartan Suit Equipped |
| Titan Knee Sleeves Equipped & Classic | Wrist Wraps T.H.P. (with lettering or yellow stripes) Equipped & Classic | Titan Super Suit Equipped |
| Titan Knee Sleeves Yellow Jacket Equipped & Classic | Knee Wraps T.H.P. (with lettering or yellow stripes) Equipped | Titan Fury Bench Shirt Equipped |
| Titan Velocity Deadlift Suit Equipped | Knee Wraps RPM (black with green, pink or orange stripes) Equipped | Titan Fury NXG+ SHP Bench Shirt Equipped |
| Titan Lever Belts Equipped & Classic | Titanium Knee Wraps Equipped | Titan F6 Tornado Bench Shirt Equipped |
| Titan Quick Release Belts Equipped & Classic | Red Devil Knee Wraps Equipped | Titan Katana + Super Katana Bench Shirt Equipped |
| Titan Belts with Single or Double Prong Equipped & Classic | Signature Gold Knee Wraps Equipped | Titan Super Katana low cut Bench Shirt Equipped |
| Wrist Wraps MAX RPM (black with green, pink or orange stripes) Equipped & Classic | Titan Squat Suit Equipped | Titan Super Katana low cut Collar Shirt Equipped |
| Titanium Wrist Wraps Equipped & Classic | Titan Centurion Suit Equipped | Vortex Shirt Equipped |
| Red Devil Wrist Wraps Equipped & Classic | Titan Super Centurion Suit Equipped | |

Inzer

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| INZER Singlets – various colour combinations allowed Equipped & Classic | Z-Suit Equipped | Iron Knee Wraps Z Equipped |
| * <i>IAD Singlet</i> Equipped & Classic | Erector Shirt Equipped | W30 Knee Wraps (Red Line) Equipped |
| INZER Knee Sleeves Equipped & Classic | Heavy Duty Erector Shirt Equipped | W40 Knee Wraps (True Black) Equipped |
| * <i>IAD Knee Sleeves</i> Equipped & Classic | Heavy Duty Blast Shirt Equipped | W50 Knee Wraps (Gripper) Equipped |
| INZER Belt with prongs Equipped & Classic | High Performance Heavy Duty Blast Shirt (HPHD) Equipped | W60 Knee Wraps Equipped |
| INZER Lever Belts Equipped & Classic | Extra High Performance Heavy Duty Blast Shirt (EHPHD) Equipped | W70 Knee Wraps (Black Beauty) Equipped |
| PR Belt (Power Raget) Equipped & Classic | Blast Shirt Equipped | W80 Knee Wraps (4x4) Equipped |
| * <i>IAD Belt</i> Equipped & Classic | The Wrath Bench Shirt Equipped | W30 Wrist Wraps (Red Line) Equipped & Classic |
| Champion Suit Equipped | The Rage Bench Shirt Equipped | W40 Wrist Wraps (True Black) Equipped & Classic |



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| Hard Core Suit Equipped | The Rage-X Bench Shirt Equipped | W50 Wrist Wraps (Gripper) Equipped & Classic |
| TRX Squat Suit Equipped | XB Bench Shirt Equipped | W60 Wrist Wraps Equipped & Classic |
| Megathrust Squat Suit Equipped | Phenom Bench Shirt Equipped | W70 Wrist Wraps (Black Beauty) Equipped & Classic |
| MAX DL Deadlift Suit Equipped | Bolt Bench Shirt Equipped | W80 Wrist Wraps (4x4) Equipped & Classic |
| Fusion Deadlift Suit Equipped | CB Bench Shirt Equipped | |
| XDL Deadlift Suit Equipped | Iron Wrist Wraps Z Equipped & Classic | |

Iron Tanks

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| Iron Tanks Singlet Equipped & Classic | Iron Tanks Lever Belt Equipped & Classic |
| Iron Tanks Knee Sleeves Equipped & Classic | Iron Tanks Single Prong Belt 10mm; 13mm Equipped & Classic |
| Iron Tanks Super Heavy Wrist Wraps (18", 24", 36") Equipped & Classic | |

Lifting Large

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| Singlets "Basics" Equipped & Classic | Lever Belts "Economy" Equipped & Classic |
| Singlets "Economy" Equipped & Classic | Lever Belts "Competition" Equipped & Classic |
| Lever Belts Equipped & Classic | Single Prong Belts "Economy" Equipped & Classic |
| Double Prong Belts Equipped & Classic | Single Prong Belts "Competition" Equipped & Classic |

Metal

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| Metal Singlets (various colour combinations allowed) Equipped & Classic | Metal Knee Sleeves (various colour combinations allowed) Equipped & Classic |
| Metal Belts (various colour combinations allowed) Equipped & Classic | Metal Wrist Wraps (various colour combinations allowed) Equipped & Classic |

ONI Ltd. (Bukiya)

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|--|---|
| Oni Singlet Equipped & Classic | GLFIT Wrist Wraps Equipped & Classic |
| Oni Knee Sleeves Equipped & Classic | Oni Bench Press Shirt Equipped |
| Oni Knee Sleeves XX Equipped & Classic | Oni Lever Belt Action Equipped & Classic |
| Oni Wrist Wraps Equipped & Classic | Oni Quick Release Belt Equipped & Classic |
| Oni Wrist Wraps XX Equipped & Classic | Oni Single Prong Belt Equipped & Classic |



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Strength Shop

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| Strength Shop Singlets Equipped & Classic | Strength Shop Lever Belts 2", 2.5", 3", 4" Equipped & Classic |
| Strength Shop Inferno Knee Sleeves Equipped & Classic | Strength Shop Single/Double Prong Buckle Belts Equipped & Classic |
| Strength Shop Zeus Medium Wrist Wraps Equipped & Classic | Strength Shop Single/Double Prong Buckle Belts with Front logo Equipped & Classic |
| Strength Shop Thor Heavy Wrist Wraps Equipped & Classic | Strength Shop Single/Double Prong Buckle Belts with Grip Equipped & Classic |

Super Training Products/Sling Shot

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| Black Singlet Equipped & Classic | Sport Knee Sleeves Equipped & Classic | Sling Shot Knee Wraps 2m Equipped |
| Signature Singlet Equipped & Classic | Multipurpose Wrist Wraps Equipped & Classic | World Record Knee Wraps 2m Equipped |
| Performance Singlet Equipped & Classic | Gansta Wrist Wraps Equipped & Classic | Strong Knee Wraps Equipped |
| Classic Singlet Equipped & Classic | Strong Wrist Wraps Equipped & Classic | Gansta Knee Wraps Equipped |
| Sling Shot Knee Sleeves 2.0 Equipped & Classic | Stretchy Wrist Wraps Equipped & Classic | Strong Belt Equipped & Classic |
| Strong Knee Sleeves Equipped & Classic | Power Wrist Wraps Equipped & Classic | Lever Belt Equipped & Classic |
| Extreme "X" Knee Sleeves Equipped & Classic | Gansta Flex Wrist Wraps Equipped & Classic | |

Wahlanders

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| Belts with Prongs Equipped & Classic |
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Beast Genetics

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|--------------------------------|---|-----------------------------------|
| Singlets Equipped & Classic | Belts with Single or Double Prong Equipped & Classic | Lever Belts Equipped & Classic |
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Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

Approved bars, plates and racks:

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| ELEIKO | Bench/Squat Racks, PL Bars and discs |
| ER EQUIPMENT | Bench/Squat Racks |
| IVANKO | PL Bars and Discs |
| LEOKO | PL Bars and Discs |
| PALLINI | Bench/Squat Racks, PL Bars and Discs |
| ROGUE | Bench/Squat Racks, PL Bar and Discs |
| UESAKA | PL Bars and Discs |
| TITEX | PL Bars and Discs |
| ZAOBA BULL | PL Bench/Squat Racks, PL Bar and Discs |

Approved logos:

- MAXREP
- German Powerlifting Distr.
- Kappi
- Progressive Rehab
- RTS
- Athletic Alliance Sport
- Barbell Medicine
- Quest Nutrition
- LVD Fitness
- LFT Performance Nutrition and Apparel, Inc.
- CardiraMD
- TOR Equipment
- APLYFT
- Dedicated Sports

(The amount of the logo fee Euro 500,- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

Courtesy of: [Johan Smith](#), Chairman of IPF Technical Committee and [Dietmar Wolf](#), IPF Treasurer