

2024 MANITOBA POWERLIFTING ASSOCIATION TOP 10s

MEN		WOMEN	
SQUAT			
Andrew Langelaar	315.0	Aricelle Taylor	167.5
Carson Parago	290.0	Melissa-Anne Larocque-Hall	162.5
Justin Parisian	280.0	Arielle Jeyanthan	160.0
Riley Bertrand	270.0	Jacqui Broesky	160.0
Christopher Lambert	262.5	Monica Gayot	160.0
Ryan Delaine	260.0	Kayla Mcmillan	157.5
Nathan Eisbrenner	255.0	Jannelle Jolicoeur	150.0
Kelechi Asagwara	255.0	Brook Bradshaw	145.0
LeDainian Tyrell	252.5	Baylie Gigolyk	145.0
Tony Nikkel	252.5	Ashtyn Trudeau & Brenda Billings	142.5
BENCH PRESS			
Andrew Langelaar	205.0	Jannelle Jolicoeur	107.5
Daniel Hrichishen	200.0	Jacqui Broesky	97.5
Devan Normandin	182.5	<i>Melodie Sitar</i>	95.0
Florian Schwickart	177.5	Aricelle Taylor	92.5
Ryan Delaine	170.0	Kayla Mcmillan	92.5
Stephen Sulik	170.0	Ashtyn Trudeau	90.0
Antoni Kieloch	167.5	Francine Ma-Ao	90.0
Justin Parisian	165.0	Sara Duncan	87.5
Christopher Lambert	165.0	<i>Janel Loesel Sitar</i>	87.5
John Alibango	162.5	Arielle Jeyanthan & Monica Gayot	82.5
DEADLIFT			
Andrew Langelaar	330.0	Kayla Mcmillan	187.5
Kelechi Asagwara	302.5	Monica Gayot	185.0
LeDainian Tyrell	300.0	Jannelle Jolicoeur	182.5
Jastin Manalo	292.5	Trinity Nwaozor	181.5
Nathan Eisbrenner	292.5	Alexi Runke	177.5
Riley Bresky	290.5	Jennifer-Grace Galicia	175.0
Christopher Lambert	287.5	<i>Janel Loesel Sitar</i>	173.5
Dustin Everett	285.0	Melissa-Anne Larocque-Hall	170.0
David Banman	280.0	Michelle Kymanick	170.0
Justin Parisian & Niel Ebreo	277.5	Aricelle Taylor & Arielle Jeyanthan	167.5
TOTAL			
Andrew Langelaar	850.0	Kayla Mcmillan	437.5
Carson Parago	717.5	Jannelle Jolicoeur	435.0
Christopher Lambert	715.0	Aricelle Taylor	427.5
Justin Parisian	715.0	Jacqui Broesky	420.0
Kelechi Asagwara	715.0	Monica Gayot	419.5
Nathan Eisbrenner	707.5	Arielle Jeyanthan	410.0
Riley Bertrand	705.0	Melissa-Anne Larocque-Hall	405.0
Florian Schwickart	700.0	Francine Ma-Ao	392.5
LeDainian Tyrell	697.5	<i>Janel Loesel Sitar</i>	391.0
Dustin Everett	690.0	Jennifer-Grace Galicia	390.0
GL POINTS			
Jastin Manalo	97.062	Monica Gayot	98.858
Daniel Hrichishen	95.312	Jannelle Jolicoeur	95.307
Jonah Dabu	94.732	Francine Ma-Ao	92.495
Eric Tangtakoune	94.128	Christine Palapuz	89.594
Riley Bertrand	93.622	Britney Augustowich	88.752
Craig Roberts	93.416	Kayla Mcmillan	87.765
Andrew Langelaar	92.621	Aricelle Taylor	86.591
Jayms Kornelsen	92.462	Alexi Runke	81.037
LeDainian Tyrell	92.164	Jacqui Broesky	79.328
Dustin Everett	92.064	Brook Bradshaw	78.054

italics = equipped

Only the highest entry per person is counted. Entries will only be counted if accompanied by a posted total. If you believe there is an error, please contact mpa.provincial.records@gmail.com.