

2024 MANITOBA POWERLIFTING ASSOCIATION TOP 10s

MEN		WOMEN
SQUAT		
Andrew Langelaar	315.0	Aricelle Taylor 167.5
Carson Parago	290.0	<i>Baylie Gigolyk</i> 165.0
Justin Parisian	280.0	Melissa-Anne Larocque-Hall 162.5
Riley Bertrand	270.0	Arielle Jeyanthan 160.0
Christopher Lambert	262.5	Jacqui Broesky 160.0
Ryan Delaine	260.0	Monica Gayot 160.0
Nathan Eisbrenner	255.0	Kayla Mcmillan 157.5
Kelechi Asagwara	255.0	Jannelle Jolicoeur 150.0
LeDainian Tyrell	252.5	Ashtyn Trudeau 150.0
Tony Nikkel	252.5	Darian Granke 147.5
BENCH PRESS		
Andrew Langelaar	205.0	<i>Baylie Gigolyk</i> 142.5
Daniel Hrichishen	200.0	Jannelle Jolicoeur 107.5
Devan Normandin	182.5	Jacqui Broesky 100.0
Florian Schwickart	177.5	Ashtyn Trudeau 97.5
Stephen Sulik	175.0	<i>Melodie Sitar</i> 95.0
Ryan Delaine	170.0	Aricelle Taylor 92.5
Antoni Kieloch	167.5	Kayla Mcmillan 92.5
Justin Parisian	165.0	Francine Ma-Ao 90.0
Christopher Lambert	165.0	Sara Duncan 87.5
John Alibango	162.5	<i>Janet Loesel Sitar</i> 87.5
DEADLIFT		
Andrew Langelaar	330.0	Kayla Mcmillan 187.5
Kelechi Asagwara	302.5	Monica Gayot 185.0
LeDainian Tyrell	300.0	Jannelle Jolicoeur 182.5
Jastin Manalo	295.0	Trinity Nwaozor 181.5
Nathan Eisbrenner	292.5	Alexi Runke 177.5
Riley Bresky	290.5	<i>Baylie Gigolyk</i> 177.5
Christopher Lambert	287.5	Jennifer-Grace Galicia 175.0
Dustin Everett	285.0	<i>Janet Loesel Sitar</i> 173.5
David Banman	280.0	Melissa-Anne Larocque-Hall 170.0
Justin Parisian & Niel Ebreo	277.5	Michelle Kymanick 170.0
TOTAL		
Andrew Langelaar	850.0	<i>Baylie Gigolyk</i> 485.0
Carson Parago	717.5	Kayla Mcmillan 437.5
Christopher Lambert	715.0	Jannelle Jolicoeur 435.0
Justin Parisian	715.0	Aricelle Taylor 427.5
Kelechi Asagwara	715.0	Jacqui Broesky 420.0
Nathan Eisbrenner	707.5	Monica Gayot 419.5
Riley Bertrand	705.0	Arielle Jeyanthan 410.0
Florian Schwickart	700.0	Melissa-Anne Larocque-Hall 405.0
LeDainian Tyrell	697.5	Ashtyn Trudeau 395.0
Dustin Everett	690.0	Francine Ma-Ao 392.5
GL POINTS		
Jastin Manalo	99.344	Monica Gayot 98.858
Daniel Hrichishen	95.312	Jannelle Jolicoeur 95.307
Jonah Dabu	94.732	Francine Ma-Ao 92.995
Eric Tangtakoune	94.128	Christine Palapuz 89.594
Riley Bertrand	93.622	Britney Augustowich 88.752
Craig Roberts	93.416	Kayla Mcmillan 87.765
Andrew Langelaar	92.621	Aricelle Taylor 86.591
Jayms Kornelsen	92.462	Darian Granke 83.189
LeDainian Tyrell	92.164	Alexi Runke 81.037
Dustin Everett	92.064	Jacqui Broesky 79.328

italics = equipped

Only the highest entry per person is counted. Entries will only be counted if accompanied by a posted total. If you believe there is an error, please contact mpa.provincial.records@gmail.com.