Manitoba's Strongest Golf Tournament - Tournament Rules

Team Scramble - Breakdown

Best Ball Scramble

Shotgun start will occur at 11:00am. All teams will gather at the start and will be carted out to their designated starting hole by a course marshall. Teams will rotate through the course until they complete all 18 holes. Please show up to the venue prior to 10:30am to ensure adequate time is given for your team to assemble and situate yourself with the cart selection and starting point. There will be an announcement at 10:50am prior to tee off going over tournament rules/scoring and events. The course will be open prior to 10:30am if you would like to take advantage of their driving range and putting green prior to the tournament. Costs for the driving range are not covered in the event registration.

All teams will keep track of score using **one** scorecard. Men will tee-off from the white tees and women from the red tees. You will progress through the hole by choosing the best ball either by the longest drive or best position. The other 3 of the players will pick up their shots and shoot their next shot from the shot the team deems best. To complete the hole the ball must go into the hole and there are no gimmies. You will write down your team's stroke score to complete the hole, not individual scores. Rules below:

- All team members Tee off at the start
- The team picks the best ball and plays all of their shots from that spot, repeated until the hole is completed.
- For shots off the fairway and rough, you will drop within one club-length from the chosen shot.
- For shots off the green, you will drop approximately one scorecard length from the chosen shot. Teams usually leave a mark close to where the ball stopped to assist with spotting the ball.
- In the event that a shot goes out-of-bounds there will be no re-tee's or mulligans to allow the
 flow of play to continue and the player will drop their next shot at the shot their team
 chooses.
- Points. 1-Point for PAR, 2-Points for Birdie, and 3-points for Eagle.

Speciality Holes / Games / Awards

Worst Ball Scramble - Hole #5

Hole #5 is a 136-yard / 107-yard Par 3. For this hole Team members will need to choose the worst of their teammates shots to complete the hole.

MPA Ball

All teams are given 1 MPA Ball to which one member will play it for every shot on the hole that they have it. This ball will be rotated to each team member alternating turns every hole. If the team member sinks the ball into the hole to complete the hole your team gets to subtract one stroke from their final score for the hole. Your team will need to verify that they have the MPA ball at the end of the tournament. If your team loses the one MPA ball throughout the tournament your team will receive a 5-stroke penalty.

Longest Drive / Closest to the Pin / Putting Challenges

Kingswood Golf Club will be setting up the Longest Drive, Closest to the Pin, and Putting Challenges on October 11th. More Information will be announced on October 11th at 10:50am prior to Shotgun start.

Sponsorship Holes

More information will be given once confirmed. All specialty items and information will be announced at 10:50am prior to Shot Gun at 11:00am.

Awards

Awards for 1st, 2nd, and 3rd place teams, longest drive, closest to the pin, and putting challenges will be announced once the event is concluded. Each team will submit one scorecard to the event staff for scores to be tallied. Team winners will be determined by the lowest score. Tie Breaks will come down to team points. In the event there is a tie there will be a 1-hole playoff, in which each team selects two players to alternate shots, and the lowest score wins. If in this playoff hole both teams achieve the same score, the team that had the furthest putt to complete the hole will win. Awards will be announced in the Club house between 4-5pm once all scores are received. In order to accept awards you will need to be present.

Waiver for Manitoba's Strongest Golf Tournament

Canadian Powerlifting Union Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement

BY SUBMITTING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

PLEASE READ CAREFULLY.

Disclosure and Participant's Assumption of Risks In consideration for my participation in the 2025 Manitoba's Strongest Golf Tournament, I, the undersigned, myself, my heirs, executors and administrators, hereby acknowledge and agree to waive any and all claims that I have or may in the future have against the Canadian Powerlifting Union, Kingswood Gold Club, Winnipeg, Manitoba and any of its employees, organizers, volunteers and sponsors and their heirs, executors and administrators of this tournament, (the "Releasees") and to release the Releasees from any and all liability for any loss, damage, expense or injury including death, that I may suffer, or that my next of kin may suffer as a result of my participation in this tournament sponsored or organized by the Releasees, DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED and also including the failure on the part of the Releasees to safeguard or protect me from the risks, dangers and hazards of participating at this tournament. I realize that the Golf has risks and that I could be injured while in attendance at this tournament. I certify that I am in good physical health and that I have no serious health problems and that I assume full responsibility for such conditions. I accept that I am fully responsible for my well-being and safety while I am participating at this event. Tournament organizers, volunteers, event staff, and/or Kingwood Golf Club Staff have the right to remove individuals that disrespect course property. Attendees are responsible for any damages as a result of their actions during the Manitoba's Strongest Golf Tournament. I HAVE READ THIS WAIVER AND RELEASE OF LIABILITY FORM, FULLY UNDERSTAND ITS TERMS, AND I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SUBMITTING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.