

Manitoba Powerlifting Association Annual General Meeting 2025

November 1st, 2025 10:30AM -3:30PM
Winakwa Community Club, 980 Winakwa Rd, Winnipeg, MB R2J 1E7
Or, via Zoom (see website or social media for link)

Agenda Summary

- 1. Call to Order
- 2. Determination of quorum
- 3. Appointment of scrutineers
- 4. Approval of the last agenda
- 5. Declaration of conflicts of interest
- 6. Adoption of minutes of the previous AGM
- 7. Board and committee reports
- 8. Business as specified in the meeting notice
- 9. Elections
- 10. Nominations
- 11. Discussion items
- 12. Adjournment



Manitoba Powerlifting Association Annual General Meeting 2025 Detailed Agenda

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- 2. Determination of quorum
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- 4. Approval of the last agenda
- 5. Declaration of conflicts of interest
- 6. Adoption of minutes of the previous AGM
- 7. Board and committee reports
 - a) Appendix I Presidents Report by Amanda Burg to be added prior to meeting
 - Appendix II Vice Presidents Report by Dino Camiré- to be added prior to meeting
 - c) Appendix III Treasurers Report by David Hrynkow to be added prior to meeting
 - d) Appendix IV Officiating Chairpersons Report of Referees by Janet Loesel Sitar to be added prior to meeting
 - e) Appendix V Registrations Chairpersons Report by Susan Haywood to be added prior to meeting
- 8. Business as specified in the meeting notice
 - a) Old business
 - i. Membership Update by MPA Board
 - b) New business
 - i. Policy Addition by Craig Roberts: MPA will only send a coach/coaching team to a CANPL Western's Regional Championship or CANPL National Championship if there are a minimum of ____ (to be discussed) athletes competing. MPA will not send a coach/coaching team to any other event.

Rationale: Given the reimbursement costs of a coaching team, it is not feasible for MPA to send coaches to each meet. Given we are a western province, priority will be given to Western's and Nationals.



9. Elections

- a) Secretary
 - Craig Roberts incumbent nominated Amanda Burg

10. Nominations

- a) Male Athlete of the Year
 - i. Daniel Hrichisen nominated by Tiffany Lepla
 - ii. Call for other nominations from the floor
- b) Female Athlete of the Year
 - i. Monica Gayot Nominated by Tiffany Lepla
 - ii. Manny Martins-Karman Nominated by Dino Camire
 - iii. Call for other nominations from the floor
- c) Volunteer of the Year
 - i. Daniel Hrichisen Nominated by Nathan Eisbrenner

Rationale:

For the upcoming MPA AGM, I would like to nominate Daniel Hrichishen for Volunteer of the Year. I don't believe his role of "website manager" (or whatever it's called) disqualifies him for this award, and besides his reliable execution of those duties, I believe he has been to almost every meet he hasn't competed in. While I'm certain that everyone that meets Dan can recall his infectious positivity, I think I can safely say, his willingness to help wherever he can — whether assigned the task or not — has been greatly appreciated by all the other volunteers he has worked with. A great representation of what it means to be an active member of the MPA.

- d) MPA Junior Scholarship Program
 - i. No Nominations Received
- 11. Discussion items items from the floor
- 12. Adjournment



Appendix I – Presidents Report by Amanda Burg
Appendix II – Vice Presidents Report by Dino Camiré
Appendix III – Treasurers Report by David Hrynkow
Appendix IV – Officiating Chairpersons Report of Referees by Janet Loesel Sitar
Appendix V – Registrations Chairpersons Report by Susan Haywood